

COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH

QUALITY IMPROVEMENT DIVISION

CULTURAL COMPETENCY COMMITTEE MEETING MINUTES

Date: December 11, 2013 Annual Retreat

Present: Andrea Nuttall, Torrez Martinez Tribal TANF; Ann Lee, SA8 Administration; Bruce Wheatley, Inner City Industry; Dennis Murata, PSB Deputy Director; Gabrielle Kaufman, LACPMHTF; Harold Turner, NAMI Urban LA; Helena Ditko, ASOC; Isidoro Gonzalez, DMH-ASOC; Leticia Ximenez, DMH Community & Government Relations Division; Luis Garcia, Tri-City MHS; Marc Borkheim, PSB-QID; Mary Lopez, Torrez Martinez Tribal TANF; Rosina Guzman-Ehrlich, NAMI Westside LA; Roxana Linares, PSB-QID; Sandra Chang Ptasinski, PSB-QID; Sharon Lyle, AAA UREP Co-Chair; Susan Moser, DMH-HRB; Trudy Washington, PSB-QID; William Owens, DMH SA1; Yue Hua Xu (Vicki), DMH SA3.

Participants via Webex: Susan (no last name given), Gateways Hospital.

Agenda Items	Comments/Discussion/Recommendations/Conclusions	Action Item	Person(s) Responsible
Welcome & Introductions	Attendee introductions		
Review of Minutes	November minutes reviewed and approved.		Co-Chairs
2013 Workgroups Annual Reports CRDP: Understanding Similarities and Differences among Cultural Groups	<ul style="list-style-type: none"> Goal: To increase understanding of how to use the CRDP reports to reduce disparities in access to mental health services, and promote knowledge about similarities and differences among cultural groups served by LACDMH. 		Marc Borkheim, Ph.D., PSB-QID

e-News	<ul style="list-style-type: none"> • <u>Objectives:</u> <ol style="list-style-type: none"> 1) Use information provided in the CRDP reports to develop projects that will improve mental health service deliveries within the LACDMH system of care. 2) Provide resources by which the cultural ethnic perspectives related to service deliveries can be conveyed to the CCC and LACDMH community. • <u>Activities:</u> <ul style="list-style-type: none"> ○ Develop a speaker presentation for the “Rites of Passages in Childhood and Adolescence” with three presenters from the Middle Eastern, Native American and Filipino cultures. Each focused on particular rites of passage within their cultural group. The presentation was a success and got very high evaluation ratings. ○ The workgroup has been working on a power point that is intended to deliver information regarding the CRDP reports. ○ The workgroup has decided to move forward with their second presentation which will be based on stigma living experiences. It will use the same format as the “Rites of Passage in Childhood and Adolescence” presentation. • Workgroup members are: Earleen Parson, Haydeh Fakhrabadi, Marc Borkheim, Sandra Chang Ptasinski, Sharon Lyles, Tam Nguyen, and Tomas Martinez. • Dr. Leticia Ximenez distributed the e-News “2013 Workgroup Annual Report” handouts. • The workgroup members are: Chandler Norton, Kevin Tsang, Leticia Ximenez, Lupe Ayala, Michael Tredinnick, Sandra Chin, Staci Atkins, Trudy Washington and William Owens. • <u>Goal:</u> To enrich the lives of clients, families and departmental staff through the dissemination of 		Leticia Ximenez, Psy.D., DMH-CGRD (CCC Co-Chair)
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	<p>publications and articles that support the Department of Mental Health's Vision of Hope, Wellness and Recovery in the provision for culturally competent and culturally sensitive mental health services.</p> <ul style="list-style-type: none"> • <u>Objectives:</u> <ul style="list-style-type: none"> ○ Identify cultural topics of interest relevant to the Department's needs. ○ Disseminate information regarding cultural issues in the DMH e-News by publishing a minimum of one article per month. ○ Establish awareness of cultural considerations to be taken into account in the service delivery of mental health services. • <u>Activities</u> <ul style="list-style-type: none"> ○ Met once a month (2nd Wednesday of the month 12:30pm-1:30pm) ○ Wrote, requested, and encouraged the writing and submission of articles regarding cultural competency. ○ Reviewed, edited, and approved articles before submitting for publication. ○ Advocated for an e-News Column dedicated to cultural competency articles. ○ Wrote procedures on how to write the articles. • <u>Accomplishments</u> <ul style="list-style-type: none"> ○ Obtained our very own Cultural Competency e-News Column, called Cultural Competency's Corner. <ul style="list-style-type: none"> - Articles do not have to come specifically from the Cultural Competency Committee. ○ First article was published in May 2013. ○ 7 articles were published under the Cultural Competency's Corner. Currently, three more articles are lined up for publication. • <u>Barriers:</u> <ul style="list-style-type: none"> ○ Many more articles were written by others in the Department, not written by the members of the CC 		
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<p>Reduction of Criminalization</p>	<p>Committee.</p> <ul style="list-style-type: none"> ○ e-News articles are currently being published only on the Intranet, DMH's website, and are not accessible to the public via internet. ○ Lost one co-chair, lack of time to write articles and difficulty obtaining articles. <ul style="list-style-type: none"> - Trying to come up with ideas to encourage people to write articles. <ul style="list-style-type: none"> • <u>Goal:</u> To target the Transitional Age Youth (TAY) in the criminal justice system by partnering with family organizations like NAMI to get these youth coming out of youth camps and probation involved in the mental health service they need. • Reinforce families to be involved in the planning of services. • To help keep those youth returning to their communities from going back into the criminal justice systems. • <u>Activities:</u> <ul style="list-style-type: none"> ○ This workgroup is working on helping the Pilot program to allow judges and District Attorney's office to provide inmates alternate sentences like sending them to rehabilitation programs. ○ Help educate parents so that they can help the youth from going into the jail systems. 	<ul style="list-style-type: none"> • Dennis Murata, PSB Deputy Director, suggested that the CCC looks into finding a way to publish their articles on the internet or website where it can be accessible to others outside of DMH. 	<p>Workgroup members</p>
<p>Family and Spirituality Training Recommendations</p>	<ul style="list-style-type: none"> • <u>Goal:</u> Ensure that trainings offered by PSB-WET Division enhance the cultural competency of the entire LACDMH system of care by embracing / including / expanding knowledge and understanding of the family model and spirituality perspective to aid in the consumer's recovery. • <u>Activities:</u> <ul style="list-style-type: none"> ○ Had first meeting last month and will meet again after today's CCC meeting. 		<p>Ann Lee, Ph.D., SA8 Administration</p>

<p>2014 Workgroup Brainstorm/Discussion</p>	<ul style="list-style-type: none"> ○ Team members: Ann Lee, Belanie Brown, Cameron Norton, Helena Ditko, Kaliah Salas, Luis Escalante, Francisco de la Serna, Phyllis Coto, Sandra Clayton, Saul Zepeda, Sharon Lyle, Sylvia Guerrero, Tamara Bess, Trudy Washington, ○ Helena Ditko presented to the CCC on the Office of Family Engagement (OFE) in April 2013. ○ To date, OFE trained 208 staff. 135 were clinicians. ○ Family engagement parameters have been completed and will be included in Dr. Shaner's clinical parameters. ○ Trainings are included in the parameters. ○ Doing an SSP blue stamp training for family engagement and spirituality. ○ Goal is to create and advisory board for the year 2014. ● The CCC members identified the following topics of interest: ● Film makers <ul style="list-style-type: none"> ○ Attracting to promote CC ○ Journalism story telling ○ Documentary ○ Resources PIO ○ Funding ● LGBTQ – (CRDP Report) ● Coordinating and not duplicating ● Social determinants (e.g. poverty, unemployment, violence) <ul style="list-style-type: none"> ○ Identification of determinants ○ How these affect mental well-being ● Data Workgroup <ul style="list-style-type: none"> ○ Analysis of data ○ Gathering of data ○ Data collection that leads to: 	<ul style="list-style-type: none"> ● Sandra Chang Ptasinski, will meet with Dennis Murata and new co-chairs to finalize the workgroup list of ideas and then email a CCC 2014 Workgroup ballot to all CCC members to vote for the 2014 Workgroups. 	<p>Leticia Ximenez, Psy.D. DMH-CGRD (CCC Co-Chair)</p>
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Results of CCC-Co-Chair Elections	<ul style="list-style-type: none"> - Action plans - Crisis prevention - Outcomes • Crisis action <ul style="list-style-type: none"> ○ AA population ○ Walking death – 3 generations ○ Mentoring • Criminal Justice <ul style="list-style-type: none"> ○ Recidivism ○ Psychiatric hospitalization • TAY <ul style="list-style-type: none"> ○ Juvenile Justice ○ Foster Care ○ Aging out of the system of care • Health Care Reform – to align ourselves with the Dept. so CC is part of the discussion. <ul style="list-style-type: none"> ○ Example of fact sheet translation in Spanish • 3-year MHSA Plan 2014-2017 <ul style="list-style-type: none"> ○ WET MHSA plan <ul style="list-style-type: none"> - Capacity building - Training (e.g. Mental Health 101 + Mental Health 1st Aid) • Continue existing 2013 Workgroups <ul style="list-style-type: none"> ○ CRDP ○ e-news ○ Family & Spirituality ○ Reduction of Criminalization • The new Co-Chairs for 2014 are Leticia Ximenez and Bruce Wheatley. 		Sandra Chang Ptasinski Ph.D., PSB-QID
Next meeting	Wednesday, January 8, 2014, 1:30 pm to 3:30 pm. 550 S. Vermont Ave, 10 th floor conference room.		

Respectfully Submitted,